

DAILY NEWS

HEALTH

SoulCycle labor and wage violations 'spinning out of control,' class-action suit claims

The exercise bike chain, frequented by celebrities like Jake Gyllenhaal, operates gyms in Manhattan and the Hamptons. Instructors claim they are cheated out of wages.

BY DANIEL BEEKMAN / NEW YORK DAILY NEWS

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BRAD BARKET/GETTY IMAGES

Nick Oram attends American Cancer Society & Young Friends Of The DreamBall SoulCycle Charity Ride at SoulCycle, 1470 Third Ave., in September 2012.

A trendy cycling gym frequented by fitness-freak celebrities like [Jake Gyllenhaal](#) is “spinning out of control” with wage and labor violations, a new class action lawsuit claims.

The SoulCycle exercise bike chain, which charges top dollar at gyms in Manhattan and the Hamptons, cheats its instructors out of wages for all of the extra work they do on marketing, planning classes and communicating with clients, said Douglas Wigdor, lawyer for ex-instructor Nick Oram.



JOHN LAMPARSKI/WIREIMAGE

Mark Consuelos (from left), Kelly Ripa and Andy Cohen attend the Action for Healthy Kids Benefit at SoulCycle Tribeca on May 4, 2011.

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SoulCycle didn't immediately return a request for comment.



SHANNON STAPLETON/REUTERS

A fitness instructor leads a SoulCycle class at their Union Square location in New York.



SHANNON STAPLETON/REUTERS

Indoor cyclists routinely sweat a real river pedaling down an imaginary road, but SoulCycle classes add upper body work, and a touch of the spiritual, to their metaphorical journey.